

RESOURCE GUIDE

MENTAL HEALTH & SUBSTANCE USE
RESOURCES IN ALLEN COUNTY &
SURROUNDING AREAS

Introduction

Taking care of your mental health and well-being is essential, and knowing where to find support can make all the difference. This resource guide provides a comprehensive list of mental health and substance use services available in Allen County, Indiana, and surrounding areas. Whether you or someone you know is seeking counseling, crisis support, addiction recovery programs, or other mental health resources, this guide offers trusted options to help navigate a journey toward wellness.

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WHERE TO GO

“BASIC NEEDS” SERVICES

BASIC NEEDS

Rescue Mission

- Provides Emergency services including housing, and community meals (7am-12pm, 5pm), residential programming, and mental health services through outreach
- 404 E Washington Blvd Fort Wayne IN 46802
- (260)426-7357
- fwrm.org

Wellspring Interfaith Social Services

- Provides a free foodbank (M&W 9-11am, Tues 4-6pm, Thurs 2-4pm), an appointment required free clothing store, and an outreach vehicle that services in different communities of Allen County each week
- (260)422-6618 *call this number as well for appt. for clothing shop
- 1316 Broadway Fort Wayne, IN 46802

Community Harvest Food Bank

- Provides mobile pantry service, Saturday morning food distribution (8-10am), grocery program for Veterans and military families, hunger relief for low-income seniors, and crisis assistance bags
- (260)447-3696
- 999 E. Tillman Road, Fort Wayne, IN 46816

St. Marys Soup Kitchen

- Provides a meal 7 days a week consisting of soup and bread on Mondays-Fridays 10am-2pm and Saturday-Sunday 10am-12pm
- (260)426-1217
- 1101 S Lafayette St Fort Wayne, IN 46802

BASIC NEEDS

Inasmuch Ministries

- Provides a food bank, clothing closet, local bus passes, recovery of identification (birth certificates, marriage licenses, etc), financial assistance for housing and utilities, ASL translation, and insurance aid
- (260)422-3498
- 930 Broadway Fort Wayne, IN 46802
- Hours: Monday 9-11am & 5-7pm, Wednesday 9-11am, Friday 9-11am

Ava Maria House

- Provides a day respite for unhoused individuals offering access to showers, laundry, and telephones
- (260)424-8231
- 423 Madison Street Fort Wayne, IN 46802

Township Trustee Offices

- Provides local government services and assists residents in need within their specific townships with welfare and community support.
- Services: Welfare Assistance, Township Fire Services, Cemetery Maintenance, Assistance for Seniors and Disabled Individuals, Emergency Shelter, Veteran Services, Disaster Relief, etc.
- *To learn more or ask for assistance find your local township's number/address online*

988

- Offers free access to individuals who engage in judgement free, confidential conversations to those struggling with mental health
- Phone Number:988

BASIC NEEDS

Indiana 211

- Offers immediate help and access to essential community resources
- Phone: 211
- Website: in211.communityos.org

CONNECT Allen County

- Provides clients easy access and referrals to community resources and support for youth,, families, and individuals
- (260)901-5480
- 201 E. Rudisill Blvd Fort Wayne IN 46806

Matthew 25

- Services: Provides free vision exams, glasses, diabetes education, counseling, dental care, medical care, immunizations, and much more
- Phone: (260)426-3250
- 413 E. Jefferson Blvd Fort Wayne, IN 46802

Alliance Health Centers

- Services: Primary medical care, lab tests, medication alternatives, assistance with enrolling in health insurance, reduced-free perscriptions assistance
- Phone: (260)266-0780
- Address: *To see all address visit website*
- Website: myalliancehealth.org

WHERE TO GO

MENTAL HEALTH SERVICES

Mental Health Services

Indiana Center for Cognitive Behavioral Therapy

(ICCBT)

(260) 959-5583

- www.iccbt.org
- 423 Airport North Office Park, Fort Wayne, IN 46825
- **Insurance:** Most, but not all, clinicians at CBT accept Medicare and most major insurance plans.
- **Services:** Therapy for Anxiety Disorders, Separation Anxiety Disorder, Depression, Marriage and Couples Therapy, Psychological Trauma, Substance Use Disorders, Insomnia, Chronic Pain, ADHD, Medication Management, Autism Spectrum Disorder (ASD) and more.

Park Center

- (260) 481-2700
- parkcenter.org
- 909 E. State Blvd., Fort Wayne, IN 46805
- **Insurance:** Medicaid, Private Insurance, Self-Pay, Medicare, & Sliding Scale Payment
- **Services:** Inpatient, Residential, Rehabilitation, Club House, Homeless Services, and Intensive Outpatient services.

Bowen Center

- (800) 342-5653
- bowncenter.org
- 2100 Goshen Road, Fort Wayne, IN 46808
- **Insurance:** Patients will not be denied services based on: the individual's inability to pay; or whether payment for those services would be made under Medicare, Medicaid, or CHIP. As a result, we offer fee assistance options to all patients.
- **Services:** We provide comprehensive care and treatment for mental & physical health conditions including, but not limited to:
 - Substance Use Disorders
 - Depression
 - Anxiety Disorder
 - Bipolar Disorder
 - Schizophrenia
 - ADHD
 - Obsessive Compulsive Disorder
 - Autism
 - Eating Disorders
 - Gambling & Sexual Addiction
 - Primary Health Care

Mental Health Services

Oaktree Guidance & Wellness Center

- (260) 570-4515
- oaktreeguidance.com
- 6157 Stoney Creek Dr., Fort Wayne, IN 46825
- **Insurance:** We accept cash, private insurance, & credit cards for payment. Sliding scale also offered.
- **Services:** Acupuncture, Child, Adolescent, Family, and Individual Counseling, Custody Evaluation, EMDR, Essential Oil Coaching, Hypnosis, Life Coaching, Massage Therapy, Marriage Counseling, Music Classes, Naturopathic Medicine, Health Coaching, Parent Study Groups, Psychological Assessment & Testing, and Reiki.

CONNECT Allen County

- (260) 901-5480
- connectallencounty.com
- 201 E Rudisill Blvd., Suite B102 Fort Wayne, IN 46806
- **Insurance:** No insurance necessary.
- **Services:** CONNECT Allen County is a “one-stop shop” community access center helping youth, families and individuals get information on the resources and supports that are available—and how to access them.

Ally Counseling & Consulting

- (260) 333-9703
- allycounselingconsulting.wpcomstaging.com
- 203 West Wayne St., Fort Wayne, IN 46802
- **Insurance:** Utilizes private pay.
- **Services:** Ally Counseling & Consulting is a private therapy and consultation group located in Fort Wayne, Indiana. Our group consists of licensed clinical social workers providing individual, couples, family, and group services.

Mental Health Services

LifeWorks Counseling & Consulting, Inc.

- (260) 432-0066
- lifeworks-counseling.org
- 6202 Constitution Dr. Suite D, Fort Wayne, IN 46804
- **Insurance:** LifeWorks accepts most IN Network and OUT of Network insurances including Medicaid. LifeWorks only has one provider who is credentialed with Medicare in the Warsaw Office.
- **Services:** LifeWorks offers EMDR, Trauma-Focused CBT, and many other therapeutic modalities for individuals, families, children & adolescents, and couples.

Meridian Health Services

- (260) 436-0932
- meridianhs.org
- 4646 West Jefferson St., Suite 100, Fort Wayne, IN 46804
- **Insurance:** Medicaid, Medicare, and private insurance with a sliding pay scale.
- **Services:** Physical Health, Mental Wellness, and Social Well Being Services

3 Rivers Wellness

- (260) 627-4411
- 3riverswell.com
- 4630 W. Jefferson Blvd. STE 3, Fort Wayne, IN 46804
- **Insurance:** If you are not paying with insurance, you have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.
- **Services:** Counseling & Psychotherapy, EMDR, Groups, Massage Therapy & Bodywork, Rapid Release Therapy (RRT), and Polarity Therapy.

Mental Health Services

Flourish Counseling, LLC

- (260) 422-9372 ext. 204
- flourishcounselingfw.com
- 4646 West Jefferson St., Suite 100, Fort Wayne, IN 46804
- **Insurance:** Multiple insurance companies are accepted including Anthem, MedPro, PHP, Lutheran Preferred, Parkview Signature Care, and Three Rivers Preferred.
- **Services:** Counseling for individuals, couples, and families for ADHD, Anxiety, Behavioral Problems, Coping Skills, Depression, Grief and Loss, Lifestyle Coaching, Parenting Skills, PTSD, and more.

Alliance Health Centers

- (260) 266-0780
- myalliancehealth.org
- 700 South Lafayette St., Suite 110, Fort Wayne, IN 46806
- **Insurance:** Alliance takes a variety of insurances, including Medicaid and Medicare.
- **Services:** Behavioral health services, including assessment and consultation, are offered by a skilled psychiatric nurse practitioner. Referrals for counseling services are available. OB/GYN services include prenatal and post-partum for pregnant women.

Willow Center for Healing

- (260) 452-5336
- willowcenterforhealing.com
- 3478 Stelhorn Rd., Fort Wayne, IN 46815
- **Insurance:** We are in-network with Aetna, Anthem, Blue Cross Blue Shield, Cigna, United, Sagamore, PHP, Lutheran Preferred, Three Rivers Preferred, Signature Care, UMR, and United Healthcare.
- **Services:** Counseling, Teletherapy, EMDR, Mindfulness & Meditation, and Consultation.

Mental Health Services

Believe Counseling and Consulting, LLC

- (260) 702-9036
- believecounselingandconsulting.com
- 2200 Lake Ave., Suite 140, Fort Wayne, IN 46805
- **Insurance:** Aetna, Anthem Blue Cross/Blue Shield, Ambetter, Beacon, CareSource (Indiana Marketplace only), PHP, Signature Care, Lutheran Preferred, Optum, Three Rivers Preferred, United Healthcare, UMR, Value Options, Tricare, Medicare, Private Pay and out of network options available. Please note we are unable to accept Medicaid and HIP plans at this time.
- **Services:** Therapy for Child/Adolescent, Couples/Family, Anxiety/Depression, PTSD/Trauma Recover, Grief/Loss and Life Transitions, and EMDR.

Consulting & Counseling Associates

- (260) 486-5251
- ccagroup.org
- 4214 Hobson Court, Fort Wayne, IN 46815
- **Insurance:** We accept most major insurance providers. Please talk with our office staff prior to your appointment to verify whether your insurance will be accepted. We do not accept Medicare or Medicaid.
- **Services:** Couples, Family, Group, and Individual Therapy, Hypnotherapy, and Mind/Body Health. Practice Specialties include: Addictions, Adoptive Issues, Anxiety, Anger Management, Codependency, Communication Skills, Depression, Dissociative Disorders, Grief Work, Infertility, LGBTQ+ Issues, Parenting, Postpartum Depression, Sexual Abuse, Sexuality/Intimacy Issues, Spiritual Issues, and Trauma Resolution.

Balance Works: Lutheran Social Services of Indiana

- (260) 426-3347
- lssin.org
- 333 E Lewis St., Fort Wayne, IN 46802
- **Insurance:** Balance Works takes a variety of insurances including Medicaid.
- **Services:** Balance Works provides several different office-based therapy services for individuals, couples and families including EMDR.

Mental Health Services

Booth and Company, Inc.

- (260) 755-5896
- boothandcompany.net
- 9329 Illinois Rd., Fort Wayne, IN 46804
- **Services:** Booth & Company, Inc. personnel are dedicated to meeting the needs of people with intellectual disabilities. We work with other therapists, medical professionals, and residential and day program partners to provide our clients with tools they need to be successful in their community living environment.

Bridges Emotional Wellness Clinic, Inc.

- (260) 969-6600
- bridgeswellness.com
- 4235 Flagstaff Cove, Fort Wayne, IN 46815
- **Insurance:** We work with most major insurers depending on the state and the following national commercial insurance plans: Humana, Aetna, Optum, and United Healthcare
- **Services:** Individual Counseling, Family Counseling, Child Counseling, Marriage, Divorce, Domestic Partner, Couples and Group Counseling, Psychological Testing, and Counseling for Addictions and Chemical Dependency. Bridges will always endeavor to partner with other professionals and organizations in order to provide the highest quality and most comprehensive service available on behalf of our clients.

Center for Behavioral Health

- (260) 420-6010
- centerforbehavioralhealth.com
- 3910 Lima Road, Fort Wayne, IN 46805
- **Insurance:** We work with most major insurers depending on the state and the following national commercial insurance plans: Optum, Humana, and United Health Care.
- **Services:** Individual, Family and Group Counseling. While our focus is on opiate addiction, we also provide treatment for all drugs and alcohol, HIV/AIDS, compulsive gambling and domestic violence.

Mental Health Services

Center for Neurobehavioral Services (CNS)

- (260) 471-2300
- boothandcompany.net
- 3010 E State Blvd., Fort Wayne, IN 46805
- **Insurance:** MDwise, MHS, CareSource and Anthem Blue Cross Blue Shield as well as all plans such as Hoosier Healthwise, Healthy Indiana Plan, and Hoosier Care Connect, Medicare, Advantage Health, Aetna, Ambetter, Beacon Health Options, CIGNA, ComPsych, CoreSource, Encore Health Network, Federal Employees Program, GEHA, Humana, Lutheran Preferred, Medical Mutual, Physicians Health Plan, Anthem Blue Cross and Blue Shield, Sagamore Health Network, Signature Care, Three Rivers Preferred, TriCare East, UMR, UnitedHealthcare
- **Services:** Individual Therapy, Play Therapy/Excessive Arts Therapy, family Therapy, Neuropsychological Testing, and Limited Psychiatric Services.

Charis et Veritas, LLC

- (260) 918-4686
- charisetveritasllc.com
- 6435 West Jefferson Blvd., Fort Wayne, IN 46804
- **Insurance:** We accept most insurance plans, and our knowledgeable staff is happy to work with you to understand your benefits coverage. We would be honored to be a part of your mental health journey.
- **Services:** Charis et Veritas LLC provides reproductive mental health therapy to individuals, couples, groups, and families including infertility, adoption, high-risk pregnancy, perinatal hospice and palliative care, traumatic birth, postpartum complications, and post-abortion issues.

Child's Play Plus

- (260) 420-6010
- centerforbehavioralhealth.com
- 3910 Lima Road, Fort Wayne, IN 46805
- **Insurance:** We work with most major insurers depending on the state and the following national commercial insurance plans: Optum, Humana, and United Health Care.
- **Services:** We're helping kids of all ages and abilities through ABA Therapy, Speech and Occupational Therapy. At CP+, our families have full support and access to all services, all under one roof.

Mental Health Services

Compass Counseling, LLC

- (260) 485-6001
- compasscounselingllc.com
- 3466B Stellhorn Rd., Fort Wayne, IN 46815
- **Insurance:** Aetna, Anthem, Cigna, Encore, Sagamore, Managed Care Services (Signature Care), HUV, UMR as well as a self pay option.
- **Services:** Our services offer help in addressing many situations that cause emotional stress, including, but not limited to: Anxiety, depression, and other mental and emotional issues, Family/marital/partner relationship issues, Career change and job stress, Adapting to life transitions, The death of a loved one, Past trauma, Family of origin issues, Healing after a divorce. We integrate Christian principles into our therapeutic approaches.

Comprehensive Behavioral Services

- (260) 492-5500
- comprehensivebehavioralservices.com
- 4630 W Jefferson Blvd., Fort Wayne, IN 46804
- **Insurance:** We are in-network providers with most insurance companies as well as EAP (Employee Assistance Program) providers including: Aetna, Anthem, Beacon Behavioral Health Options, Blue Cross Blue Shield, Cigna, Compsych, Magellan, PHP, Parkview Signature Care, Optum, Tricare, and United Healthcare.
- **Services:** Individual, Couples, and Family Counseling including Play Therapy.

Cook Behavioral Health

- (260) 483-2400
- cookbehavioral.com
- 7230 Engle Rd. Suite 304, Fort Wayne, IN 46804
- **Insurance:** Aetna, Anthem, Beacon Health Options, BlueCross/BlueShield, Cigna, Evernorth, Humana, Medicaid, Medicare, Optum, TRICARE, UMR, UnitedHealthCare
- **Services:** Individual and family counseling for children, adolescents, and adults; Dialectical Behavior Therapy (DBT), Psychological testing; diagnostic and clinical assessment, trauma assessments; hearsay evaluations, bariatric assessment, neuropsychological assessment, and biofeedback.

Mental Health Services

Cornerstone Vision Counseling & Psychological Services

- (260) 387-6340
- corvision.org
- 10315 Dawsons Creek Blvd. Suite E, Fort Wayne, IN 46825
- **Insurance:** We are a provider for many insurance companies. Please call our office to get the most updated information and to learn which of our therapists is a provider for your insurance.
- **Services:** Personal Healing and Growth, Relationships, Marriage, and Family, Mental Health & Wellness, and Neuropsychological & Psychological Services

Courageous Healing Inc.

- (260) 255-3514
- courageoushealing.org
- 2013 S Anthony Blvd., Fort Wayne, IN 46803
- **Insurance:** Courageous Healing currently accepts Signature Care, PHP, and Anthem Blue Cross Blue Shield. Sliding Fee Scale and Self-Pay options available.
- **Services:** Individual, Couples, and Family Counseling. Groups available as well as therapeutic psychoeducational groups and support groups.

Crossroad Child & Family Services

- (260) 484-4153
- crossroad-fwch.org
- 1825 Beacon St., Fort Wayne, IN 46805
- **Insurance:** Crossroad accepts self-payment, Medicaid, and payment from many private insurance companies.
- **Services:** Outpatient Counseling Services, Children's Mental Health Wrap Around Programs, Crossroad Academy (Alternative Education), and Residential Treatment Programs.

Mental Health Services

Crosswinds Counseling

- (787) 594-9204
- crosswindscounseling.org
- 8211 W Jefferson Blvd. Suite 302, Fort Wayne, IN 46804
- **Insurance:** Crosswinds Counseling accepts the following insurance: Aetna, Anthem, Anthem EAP, Lutheran Preferred, New Avenues EAP.
- **Services:** Individual, Couples, Family, Teen, and Child Counseling.

Dockside Services LLC

- (260) 203-9185
- docksideservicesllc.com
- 3030 Lake Ave, Suite 9, Fort Wayne, Indiana, 46805
- **Insurance:** MDWise, Anthem, Hoosier Healthwise, and HIP, Cenpatico, and Traditional Medicaid.
- **Services:** Community-Based Services, In-Home Therapy, Substance Use Recovery Services, Case Management Services, and Trauma Focused CBT, and Therapeutic Foster Care

F.L.O.W. Recreation LLC

- (330) 979-9576
- flowrectherapy.com
- 9109 Stellhorn Crossing Pkwy. Suite B, Fort Wayne, IN 46815
- **Services:** Recreational Therapy for clients with disabilities. We aim to empower our clients with disabilities to reach their full potential. We collaborate with our clients, guardians, and other therapies to discover the ideal individualized treatment modality.

Mental Health Services

Family Connections through Iris Family Support Center

- (260) 421-5000
- www.scanfw.org
- 500 West Main Street, Fort Wayne IN 46802
- **Services:** Clinical Services, Fatherhood Engagement, Family Connections, Family Preservation, Home-Based Case Management, Homemaker Services, and Supervised Visitation.

Fort Wayne Counseling Services

- (260) 209-4473
- fortwaynecounselingservices.com
- 6319 Mutual Drive, Suite F, Fort Wayne IN 46825
- **Insurance:** Anthem, Blue Cross and Blue Shield, Cigna, Lutheran Preferred, Lutheran TRMA, Magellan, Medicaid, Midwest Behavioral, MultiPlan, New Avenues, Optum, Physician's Health Plan, United Behavioral Health.
- **Services:** Individual, Couples, and Family Counseling focusing on multiple specialties and types of therapy.

Fort Wayne Neuropsychology

- (260) 460-3203
- www.fwneuropsych.com
- 4306 E State Blvd. Fort Wayne IN 46815
- **Insurance:** At Fort Wayne Neuropsychology, we want each patient to receive the care they need. In keeping with this goal, we do accept a wide variety of insurances. As a courtesy to you, when you schedule an appointment with us, our staff will contact your insurance company to check your benefits. We will determine if a prior authorization from insurance will be needed for any of your visits. Upon your request, we will be happy to review your benefits with you to help you anticipate what your estimated out of pocket expenses may be.
- **Services:** Neuropsychological testing and evaluations, Attention deficit disorders (ADD/ADHD), learning disabilities, and other educationally handicapping conditions, Geriatric psychology, especially the diagnosis and management of Alzheimer's disease and other related dementias, Headache and chronic pain management, as well as other medical-psychologically related conditions, Educational Consultation.

Mental Health Services

Fort Wayne VA Clinic

- (260) 426-5431
- va.gov
- Address:
 - Fort Wayne Campus: 2121 Lake Ave. Fort Wayne, IN. 46805
 - Marion Campus: 1700 East 38th Street. Marion, IN. 46953
 - St. Joseph Community Based Outpatient Clinic (CBOC): 1540 Trinity Place, Mishawaka, IN. 46545
- **Insurance:** Veterans Health Insurance (If you have other insurance from a spouse, please bring your insurance card.)
- **Services:** Dementia Unit, Home Based Primary Care, Post Traumatic Stress Disorder Clinic Team, Substance Abuse Treatment Program, Adult Day Health Care, Mental Health Intensive Case Management, Combat Veterans Treatment.

Headwaters Counseling

- (260) 744-4326
- headwaterscounseling.org
- 2712 S Calhoun Street, Fort Wayne IN 46807
- **Insurance:** Alicia will talk with you about insurance/fees. Your insurance will dictate the amount that you will pay. If you are not insured, Alicia can talk with you about affordable payment options.
- **Services:** A variety of Counseling Services with focuses including transitions, behavior issues, anxiety, depression, relationships, substance use disorders, and more.

Hope Alive Inc.

- (260) 420-6100
- hopealivefortwayne.org
- 1747 N Wells Street, Fort Wayne IN 46808
- **Insurance:** No insurance needed. \$25 per session.
- **Services:** Community Counseling focusing on all age groups including counseling for Abuse Recovery, Addiction Recovery, Anxiety, and Anger Issues. Hope Alive also offers Transitional Housing Program which provides housing and comprehensive services to assist homeless women in becoming healthy, productive members of our community.

Mental Health Services

Indiana Counseling Co-Op

- (260) 203-1077
- indianacounsellingcoop.business.site
- 1910 St. Joe Center Road, Fort Wayne IN 46825
- **Insurance:** Visit website to get a quote.
- **Services:** "Provides help for Individuals and Families, struggling with Addictions, Mental Health, Family and Marriage problems, Grief and Loss, Trauma, Anger. Our Counsellors, can provide Inpatient treatment, Out patient treatment, and individual private counselling options. We are here to help you in any way we can."

Isch Counseling Services, LLC

- (260) 203-4996
- ischcounseling.com
- 7230 Engle Road Suite 305, Fort Wayne IN 46804
- **Insurance:** 3 Rivers Preferred, Anthem, BlueCross and BlueShield, Lutheran Preferred, Magellan, MultiPlan, Optum, Parkview Signature Care, PHP, Sagamore, and UnitedHealthcare
- **Services:** Our practice specializes in the treatment of PTSD and trauma through the use of EMDR and other modalities. Our counselors work with adults, couples, children, teens, and families.

Life Choices Counseling and Consulting

- (260) 341-6259
- hopealivefortwayne.org
- 2422 Lake Ave., Fort Wayne IN 46805
- **Insurance:** Life Choices Counseling accepts many types of insurance and self pay clients, Mastercard, Visa and HSA.
- **Services:** Currently offering in person, video and telehealth counseling sessions. I specialize in relieving pain from trauma.

Mental Health Services

Mental Health America of Northeast Indiana

- (260) 422-6441
- mhanortheastindiana.org
- 3106 Lake Ave., Fort Wayne IN 46805
- **Services:** Education and Advocacy, Peer Support, Well2Work Workplace Wellness, Guardianship, and Mental Health Information.

Mindwalk Counseling

- (260) 797-6070
- mindwalkcounseling.com
- 6315-B Mutual Drive Fort Wayne IN 46825
- **Insurance:** \$60 for individual and \$75 for Couple Sessions. Insurance not accepted.
- **Services:** Individual Counseling/Psychotherapy, Relationship Counseling, and Family Counseling & Family Reconciliation.

Neighborhood Health

- (260) 458-2641
- mynhfw.org/services/behavioral-health
- 1717 South Calhoun Street Fort Wayne, IN 46802
- **Insurance:** We accept many insurance plans including Medicare, Medicaid, HIP, Marketplace, and commercial insurances. A sliding fee discount is available.
- **Services:** Behavioral Health Services for Depression, Anxiety, Behavioral Changes, Diabetes Care, Chronic Pain, PTSD, Stress Substance Use, ADHD, Parenting, and Sleep Issues.

Mental Health Services

North Node Wellness, Inc.

- (260) 602-8331
- keystoyou.com
- 6319 Mutual Drive Suite F Fort Wayne, IN 46825
- **Insurance:** Variety of providers that take a variety of insurances.
- **Services:** We provide services to Individuals, Couples, and Families in many areas of need including marriage repair and maintenance, parenting skills, and LGBT needs and concerns.

Allendale Behavioral Health

- (260)370-8227
- 454 E Dupont Road Fort Wayne, IN 46825
- **Insurance:** Allendale is partnered with most major commercial insurances. Fill out the insurance verification form on their website, and we will let you know what deductible or costs you may be responsible for.
- **Services:** Anxiety Treatment, Depression Treatment, PTSD Treatment, Bipolar Treatment, Borderline Personality Treatment, Psychosis Treatment, Eating Disorder Treatment, Attachment Disorder Treatment, OCD Treatment

Psychiatric Services FW PC

- (260) 203-4188
- psychiatricservicesfwpc.com
- 7806 West Jefferson Blvd Suite C Fort Wayne, IN 46804
- **Insurance:** Here most of the insurance accepted, including Medicare and Medicaid.
- **Services:** Child, Adolescent, and Adult services including ADHD, Aggression, Depression, Anxiety, Autism Spectrum, Irritability, Trauma/Crisis Management, Social Media Issues, Anger, Paranoia, Eating Disorders, and Sleep Issues. Addiction Services. Individual and Group Counseling.

Mental Health Services

Pure Abilities

- (260) 436-7873
- pureabilities.com
- 1910 St. Joe Center Rd, Ste 54, Fort Wayne, IN 46825
- **Insurance:** Serving most of Indiana, Pure Abilities provides quality therapeutic services to individuals with disabilities through the Medicaid Waiver System.
- **Services:** We provide Recreational Therapy, Behavior Management, and Music Therapy Services to help our clients reach their goals.

Quality Counseling & Psych Services

- (260) 739-7264
- qualitycounseling.org
- 2415 Hobson Road Fort Wayne, IN 46805
- **Insurance:** By referral only. Variety of insurances accepted including Medicaid.
- **Services:** Quality Counseling & Psychological Services offers the following services to DCS referred clients through its community based contract: Casework, Counseling for Individuals, Couples, and Families, Parent Aide, Substance Use Disorder Assessments and Treatment, Drug and Alcohol Screening, Play and Art Therapy, Psychological Assessments, Anger Management, Fatherhood Engagement, Truancy Termination Program, Transition from Restrictive Placement, Domestic Violence Victim Program, Dialectical Behavioral Therapy, and Transportation.

RemedyLIVE

- Text 494949 day or night to connect with the RemedyLIVE Chat Center.
- Office: (260) 422-1958
- remedylive.com
- 6429 Oakbrook Parkway Fort Wayne, IN 46825
- **Services:** 24 Hour Mental Health Chat Center.

Mental Health Services

Renaissance Counseling Center

- (260) 222-7177
- rcounselingcenter.com
- 1210 Guthrie Street Fort Wayne IN, 46802
- **Insurance:** Self-pay only, sliding scale.
- **Services:** Renaissance Counseling Center is a privately-owned Christian therapeutic agency. We use a holistic approach integrating biblical principles and proven scientific methods that are individualized to each client. Individual, Couples, and Online Therapy is available specializing in the following conditions: Physical Pain Management, Stress Management, Addiction (chemical and behavioral), Family Relational Problems, Divorce Recovery, Abandonment Issues, PTSD, Dissociative Disorders, Depression, Anxiety, and Grief.

Sky Point Social Services, LLC

- (260) 492-9334
- skypointindiana.com
- 5800 Fairfield Ave. Fort Wayne, IN 46807
- **Insurance:** Medicaid Waiver.
- **Services:** Behavior Management Services, Counseling Services including Anxiety, Depression, Anger, Behavioral, Grief/Trauma, Emotional, Criminal Thinking, Relationships, Family, and More. Employment, Case management (DCS), and Supported Living Services also available.

Summit Counseling LLC

- (260) 443-5743
- summit-counseling.org
- 1415 Magnavox Way Fort Wayne, IN 46804
- **Insurance:** We are currently preferred providers for most insurance networks including Medicare and Medicaid.
- **Services:** At Summit Counseling we provide a variety of therapy services to meet the unique needs of each individual client. We understand that each individual has a different situation and our therapist work with the individual to provide services that will benefit the client. Children, Adolescents, and Adult Therapy available including Individuals, Couples, and Family.

Mental Health Services

The Carriage House

- (260) 423-4301
- fortwayneclubhouse.org
- 3327 Lake Ave. Fort Wayne IN, 46805
- **Services:** The Carriage House is a certified "Clubhouse Model" program with the singular mission of assisting people in their recovery from mental illness and reintegration into the community. In a non-traditional setting, "members" work side-by-side with staff on meaningful activities, building the confidence and self esteem necessary to reclaim their lives.

The Crossings Mental Health Immediate Care

- (260) 800-1529
- thecrossingscares.com
- 6336 Constitution Drive Fort Wayne IN, 46804
- **Insurance:** We have removed insurance to offer immediate care. You may file out of network claims with your insurance company for potential reimbursement.
- **Services:** Depression, Anxiety, and ADHD Treatment.

Thrive Therapy and Integrated Wellness, LLC

- (260) 579-4641
- thriveworks.com
- 421 E Cook Road Suite 200 Fort Wayne IN, 46825
- **Insurance:** Variety of providers that take a variety of insurances.
- **Services:** Therapy services for Anxiety, Depression, Anorexia or bulimia, Attention or focus issues, Substance Use, Sex or gambling addiction, midlife crisis, Martial conflicts, Family conflicts, Beavement, Trauma, Anger Management, and Phobias.

Mental Health

We Care Counseling Center

- (260) 422-3034
- wecarecounseling.com
- 2020 E Washington Blvd. Suite 700 Fort Wayne, IN 46803
- **Insurance:** We Care Counseling Center's services are covered by many insurance companies. We provide counseling services to clients who receive Medicare and/or Indiana Medicaid.
- **Services:** We Care Counseling Center is a group of private practice counselors who provide services to a variety of individuals. Utilizing our varied expertise, we focus on serving a diverse population with an emphasis on treating each individual with respect. Individual and family counseling.

YWCA Northeast Indiana

- (260) 424-4908
- ywcanein.com
- 5920 Decatur Road Fort Wayne IN 46816
- **Insurance:** Referral only and waitlist for self-pay.
- **Services:** Domestic Violence Services, Addiction Recovery Services, Education Services, Community Engagement, Clinical Mental Health Counseling Services, and Sexual Violence Services.

NAMI Fort Wayne

- (260) 447-8990
- namifortwayne.org
- 2200 Lake Ave., Fort Wayne IN 46805
- **Services:** The local affiliate of the National Alliance on Mental Illness (NAMI), NAMI Fort Wayne offers free peer-led educational programs, support groups for adults in recovery from mental illness and their families, and advocacy for access to treatment, services, and supports that can improve quality of life.

Mental Health

Fort Wayne Vet Center

- 260-460-1456
- vetcenter.va.gov
- 3810 Coldwater Road Ft Wayne IN 46805
- **Insurance:** No insurance needed, a copy of the DD214 or active duty card counts.
- **Services:** FREE Individual, couples, and family therapy as well as support groups for veterans, active duty members, and their families who have experienced trauma (note above eligibility)

Northeastern Center

- (260)925-2453
- 1800 Wesley Road Auburn, IN 46706
- **Insurance:** Federal/Government Funding, Medicare, Medicaid, Military Insurance, and Private Health Insurance
- **Services:** Emergency Services, QPR Training, Individual Therapy, Wraparound Services, Marriage Counseling, Inpatient Services, Addiction & Recovery Support, Anxiety Treatment, Supported Employment, School Assistance Program, and more.

WHERE TO GO

FAMILY SERVICES

Family Services

Amani Family Services

- (260) 484-1414
- amanifamilyservices.org
- 5104 N. Clinton St., Fort Wayne, In 46825

"Amani Family Services provides two kinds of Family Support Services to the community: Intervention & Prevention. Intervention: In collaboration with the Department of Child Services and Allen County Juvenile Center and CHOICES, home-based services are provided to aid in the healthy integration of refugee and immigrant families. All services are provided with the awareness of the rich cultural and personal strengths each individual and family bring as they partner to work with Amani towards their goals. Prevention: In collaboration with SCAN (Stop Child Abuse and Neglect), home-based services are provided to aid in the healthy integration of refugee and immigrant families. All services are provided with the awareness of the rich cultural and personal strengths each individual and family brings as they partner to work with Amani towards their goals."

Josiah White's

- (260) 484-6500
- josiahwhites.org
- 11809 Lima Rd., Fort Wayne, IN 46818

"For more than 170 years, Josiah White's has helped families in crisis, in transition and in need of support through its accredited and comprehensive continuum of foster care, residential treatment, and family preservation programs. Our statewide network of facilities and seasoned providers allows us to support children, teens and families with a variety of services when they need it, wherever they may need it. At Josiah White's we realize that no family is exempt from tough times; it's a hard time to be a parent and a hard time to be a teen. At its core, Josiah White's offers hope and transformation through Christ to children, teens and families."

Family Services

Crossroad Child & Family Services

- (260) 484-4153
- crossroad-fwch.org
- 1825 Beacon St., Fort Wayne, IN 46805

"Crossroad is a faith-based, nonprofit treatment provider for troubled children and their families. Behind that simple description is a long list of therapy, education, and family support services provided both to children who live on our campus and in the surrounding community."

Lifeline Youth & Family Services

- (260) 745-3322
- lifelineyouth.org
- 4150 Illinois Rd., Fort Wayne, IN 46804

"Lifeline is a faith based organization that was created to bring hope to families and youth who have become involved in the legal system through home-based services, court-ordered therapy, and preventative education. We help individuals and families rediscover solutions that will allow them to reclaim control, rebuild relationships, and restore hope."

Benchmark Family Services

- (260) 310-6007
- benchmarkfamilyservices.org
- 5217 Olive Tree Dr., Fort Wayne, IN 46825

"Benchmark provides quality out of home placements for youth in need by working with referring agencies to guarantee the support, treatment and care they deserve. By recruiting and training a network of professional, therapeutic foster homes, we are able to offer our contracting agencies a variety of beds available for the youth they serve at a moment's notice. We support our homes with on-going training, 24/7 on-call availability, financial reimbursement and professional support staff. Our program staff manages the cases assigned to our agency by providing weekly contacts and visits to the home and youth in care. We also coordinate therapy and psychiatric services for the youth in our care."

Family Services

Indiana Department of Child Services

- (260) 458-6100
- in.gov/dcs/
- 201 E Rudisill Blvd. #200, Fort Wayne, IN 46806

"The Indiana Department of Child Services engages with families and collaborates with state, local and community partners to protect children from abuse and neglect and to provide child support services."

Lutheran Social Services

- (260) 426-3347
- lssin.org
- 4031 N Clinton St, Fort Wayne, IN 46805

"To promote the overall health of our community, LSSI focuses on equipping willing families facing the most challenging obstacles with the skills necessary to make positive life choices as evidenced by advancement toward economic and family stability."

Turnstone Center for Children and Adults with Disabilities

- (260) 485-2100
- turnstone.org
- 3320 N Clinton St., Fort Wayne, IN 46805

"At Turnstone, we create possibilities. Turnstone is Northeast Indiana's only free-standing not-for-profit organization providing a comprehensive continuum of supportive services addressing the unique needs of people with disabilities and their families. The agency is governed by a passionate board of directors and is known for its highly professional staff of licensed professionals including physical, occupational, speech and recreation therapists, fitness specialists, social workers, and educators."

Family Services

Cancer Services of Northeast Indiana

- (260) 484-9560
- cancer-services.org
- 6316 Mutual Drive Fort Wayne, IN 46825

"Cancer Services of Northeast Indiana is a local non-profit and has been serving people diagnosed with cancer and their families in Allen County since 1944. We are a team of caring professionals who walk the cancer journey with you and your family. We serve Adams, DeKalb, Noble, Huntington, Kosciusko, LaGrange, Steuben, Wabash, Wells, and Whitley counties. Our mission is to enhance the quality of life of those affected by cancer by providing meaningful resources, information and compassionate assistance. This mission is based on the belief that a cancer diagnosis brings with it more needs than the obvious need for medical care, and these needs affect the entire family. People with cancer and their families need emotional support and practical resources and they can find them at Cancer Services."

Brightpoint

- (260) 423-3546
- mybrightpoint.org
- 227 E. Washington Blvd., Fort Wayne, IN 46802

"Brightpoint helps communities, families, and individuals remove the causes and conditions of poverty."

The Mom of an Addict, Inc.

- (260) 209-4686
- themomofanaddict.org

Our Mission: "To provide education and support to families who have been affected by a child's or loved one's substance use disorder." We offer support group meetings where you will learn about the disease of addiction (yes, it is a disease!) and will find other families who currently have a family member in active addiction, have a family member incarcerated due to substances, have lost someone to this horrific disease, or who have a loved one in recovery."

Family Services

Iris Family Support Center

- (260) 421-5000
- scanfw.org
- 500 W. Main St., Fort Wayne, IN 46802

"At SCAN (Stop Child Abuse and Neglect), we believe that every child deserves to be safe, loved and nurtured. SCAN's mission is to protect children, prepare parents, strengthen families and educate our community to Stop Child Abuse and Neglect."

Peggy F. Murphy Grief Center

- (260)435-3261
- 5920 Homestead Road Fort Wayne, IN 46814
- The Peggy F. Murphy Community Grief Center is a resource for the greater Fort Wayne community as it provides space for individual grief counseling sessions, grief programming, and grief support group meetings for adults who have experienced the loss of a loved one.

Erin's House for Grieving Children

- (260) 423-2466
- erinshouse.org
- 5670 YMCA Park Dr. West, Fort Wayne, IN 46835

"Since 1993, Erin's House for Grieving Children has provided a safe, nurturing, and comfortable environment for children to process their grief. They learn how to express their emotions, share their feelings, and reinvest back into their lives. They do this by spending time with other children who understand their grief. Our program reduces the negative consequences of unresolved grief. Time and time again, we have seen these children grow into compassionate, respectful, and productive young adults."

Family Services

CONNECT Allen County

- (260) 901-5480
- connectallencounty.com
- 201 E Rudisill Blvd., Suite B102 Fort Wayne, IN 46806
-

"CONNECT Allen County is a "one-stop shop" community access center helping youth, families and individuals get information on the resources and supports that are available—and how to access them. We want to speed up the process of you or your family getting the mental and emotional health, physical health and basic support that you need. When you make contact with CONNECT Allen County, either in-person or on the phone, you will be met by a staff who's first priority is helping you navigate systems"

Safehaven Freedom Ministries, Inc.

- 260-387-5663
- <https://www.safehavenfm.org/>
- "The mission of SafeHaven Freedom Ministries is to deliver recognition, resources and recovery by mentoring teens, young adults and veterans who want their freedom and faith restored."

WHERE TO GO

JUVENILE MENTAL HEALTH
SERVICES

Mental Health Services

Believe Counseling and Consulting, LLC

- (260) 702-9036
- believecounselingandconsulting.com
- 2200 Lake Ave., Suite 140, Fort Wayne, IN 46805
- **Insurance:** Aetna, Anthem Blue Cross/Blue Shield, Ambetter, Beacon, CareSource (Indiana Marketplace only), PHP, Signature Care, Lutheran Preferred, Optum, Three Rivers Preferred, United Healthcare, UMR, Value Options, Tricare, Medicare, Private Pay and out of network options available. Please note we are unable to accept Medicaid and HIP plans at this time.
- **Services:** Believe Counseling and Consulting, Inc provides services to individuals, couples, families and groups. We offer services to children as young as 2 years old through adults. Our experienced therapists are trained in a variety of methods that are individualized to meet the needs of each client.

LifeWorks Counseling & Consulting, Inc.

- (260) 432-0066
- lifeworks-counseling.org
- 6202 Constitution Dr. Suite D, Fort Wayne, IN 46804
- **Insurance:** LifeWorks accepts most IN Network and OUT of Network insurances including Medicaid. LifeWorks only has one provider who is credentialed with Medicare in the Warsaw Office.
- **Services:** LifeWorks offers EMDR, Trauma-Focused CBT, and many other therapeutic modalities for individuals, families, children & adolescents, and couples.

Oaktree Guidance & Wellness Center

- (260) 570-4515
- oaktreeguidance.com
- 6157 Stoney Creek Dr., Fort Wayne, IN 46825
- **Insurance:** We accept cash, private insurance, & credit cards for payment. Sliding scale also offered.
- **Services:** Acupuncture, Child, Adolescent, Family, and Individual Counseling, Custody Evaluation, EMDR, Essential Oil Coaching, Hypnosis, Life Coaching, Massage Therapy, Marriage Counseling, Music Classes, Naturopathic Medicine, Health Coaching, Parent Study Groups, Psychological Assessment & Testing, and Reiki.

MENTAL HEALTH SERVICES

Bridges Emotional Wellness Clinic, Inc.

- (260) 969-6600
- bridgeswellness.com
- 4235 Flagstaff Cove, Fort Wayne, IN 46815
- **Insurance:** Bridges Emotional Wellness Clinic Inc. accepts most insurance plans, cash payment, credit cards, Medicare, and Hoosier Healthwise.
- **Services:** Individual Counseling, Family Counseling, Child Counseling, Marriage, Divorce, Domestic Partner, Couples and Group Counseling, Psychological Testing and Counseling for Addictions and Chemical Dependency. Bridges will always endeavor to partner with other professionals and organizations in order to provide the highest quality and most comprehensive service available on behalf of our clients.

Cook Behavioral Health

- (260) 483-2400
- cookbehavioral.com
- 7230 Engle Rd. Suite 304, Fort Wayne, IN 46804
- **Insurance:** Aetna, Anthem, Beacon Health Options, BlueCross/BlueShield, Cigna, Evernorth, Humana, Medicaid, Medicare, Optum, TRICARE, UMR, UnitedHealthCare
- **Services:** Individual, family counseling for children, adolescents, and adults, Dialectical Behavior Therapy (DBT), Psychological testing, diagnostic and clinical assessment, trauma assessments, hearsay evaluations, bariatric assessment, neuropsychological assessment, and biofeedback.

Cornerstone Vision Counseling & Psychological Services

- (260) 387-6340
- corvision.org
- 10315 Dawson's Creek Blvd. Suite E, Fort Wayne, IN 46825
- **Insurance:** We are a provider for many insurance companies. Please call our office to get the most updated information, and to learn which of our therapists is a provider for your insurance.
- **Services:** Personal Health & Growth, Relationships, Marriage, and Family, Mental Health and Wellness, Neuropsychological & Psychological Services

MENTAL HEALTH SERVICES

Crossroad Child & Family Services

- (260) 484-4153
- crossroad-fwch.org
- 1825 Beacon St., Fort Wayne, IN 46805
- **Insurance:** Crossroad accepts self-payment, Medicaid, and payment from many private insurance companies.
- **Services:** Outpatient Counseling Services, Children's Mental Health Wrap Around Programs, Crossroad Academy (Alternative Education), and Residential Treatment Programs.

Crosswinds Counseling

- (787) 594-9204
- crosswindscounseling.org
- 8211 W Jefferson Blvd. Suite 302, Fort Wayne, IN 46804
- **Insurance:** Crosswinds Counseling accepts the following insurance: Aetna, Anthem, Anthem EAP, Lutheran Preferred, New Avenues EAP.
- **Services:** Residential Care, Community-Based Services, Alternative Education, and Outpatient Services.

Meridian Health Services

- (260) 436-0932
- meridianhs.org
- 4646 West Jefferson St., Suite 100, Fort Wayne, IN 46804
- **Insurance:** Medicaid, Medicare, and private insurance with sliding pay scale.
- **Services:** Addiction services, Children & Family Programs, Home with Hope, Maternal Mental health, Military & Veterans, Psychiatric Services, School & Community Programs, Skill Building, Suicide Prevention, Therapy & Counseling, and more.

MENTAL HEALTH SERVICES

Park Center

- (260) 481-2700
- parkcenter.org
- 909 E. State Blvd., Fort Wayne, IN 46805
- **Insurance:** Contact your insurance company to see if your Parkview location and provider is in network.
- **Services:** Inpatient, Residential, Rehabilitation, Club House, Homeless Services, and Liaison services.

Bowen Center

- (260) 471-3500
- bowencenter.org
- 2100 Goshen Road, Fort Wayne, IN 46808
- **Insurance:** Patients will not be denied services based on: the individual's inability to pay; whether payment for those services would be made under Medicare, Medicaid, or CHIP. As a result, we offer fee assistance options to all patients.
- **Services:** We provide comprehensive care and treatment for mental & physical health conditions including, but not limited to:
 - Substance Use Disorders
 - Depression
 - Anxiety Disorder
 - Bipolar Disorder
 - Schizophrenia
 - ADHD
 - Obsessive Compulsive Disorder
 - Autism
 - Eating Disorders
 - Gambling & Sexual Addiction
 - Primary Health Care

MENTAL HEALTH SERVICES

Flourish Counseling, LLC

- (260) 422-9372 ext. 204
- flourishcounselingfw.com
- 4646 West Jefferson St., Suite 100, Fort Wayne, IN 46804
- **Insurance:** Multiple insurance companies are accepted including Anthem, MedPro, PHP, Lutheran Preferred, Parkview Signature Care, and Three Rivers Preferred.
- **Services:** Counseling for individuals, couples, and families for ADHD, Anxiety, Behavioral Problems, Coping Skills, Depression, Grief and Loss, Lifestyle Coaching, Parenting Skills, PTSD, and more.

Booth and Company, Inc.

- (260) 755-5896
- boothandcompany.net
- 9329 Illinois Rd., Fort Wayne, IN 46804
- **Insurance:** Reimbursed by Medicaid Waiver
- **Services:** The goal of Booth & Company, Inc. is to provide an environment conducive to the development of each person's social, physical and emotional capabilities to his/her maximum level, in an environment that ensures preservation of personal value and dignity. Those behaviors which enhance the person's ability to cope with his/her life functioning, as well as his/her continued growth and development, should be reinforced and strengthened through methods and techniques prescribed in each person's Individualized Support Plan (ISP).

Center for Neurobehavioral Services (CNS)

- (260) 471-2300
- boothandcompany.net
- 3010 E State Blvd., Fort Wayne, IN 46805
- **Insurance:** MDwise, MHS, CareSource and Anthem Blue Cross Blue Shield as well as all plans such as Hoosier Healthwise, Healthy Indiana Plan, and Hoosier Care Connect, Medicare, Advantage Health, Aetna, Ambetter, Beacon Health Options, CIGNA, ComPsych, CoreSource, Encore Health Network, Federal Employees Program, GEHA, Humana, Lutheran Preferred, Medical Mutual, Physicians Health Plan, Anthem Blue Cross and Blue Shield, Sagamore Health Network, Signature Care, Three Rivers Preferred, TriCare East, UMR, UnitedHealthcare
- **Services:** Individual Therapy, Play Therapy/Excessive Arts Therapy, family Therapy, Neuropsychological Testing, and Limited Psychiatric Services.

MENTAL HEALTH SERVICES

Child's Play Plus

- (260) 420-6010
- centerforbehavioralhealth.com
- 3910 Lima Road, Fort Wayne, IN 46805
- **Insurance:** We work with most major insurers depending on the state and the following national commercial insurance plans: Optum, Humana, and United Health Care.
- **Services:** Starting as one clinic specializing in autism services, we have blossomed into a multidisciplinary pediatric therapy center offering behavioral, developmental and rehabilitative services across multiple locations in Northeast Indiana. The benefits families experience with us is not only our level of care, but our integrated approach as well. Our providers have direct communication which enables us to create custom treatment plans based on your child's individual need across all therapies. We like to move forward as goals are met to keep up the momentum!

Comprehensive Behavioral Services

- (260) 492-5500
- comprehensivebehavioralservices.com
- 4630 W Jefferson Blvd., Fort Wayne, IN 46804
- **Insurance:** We are in-network providers with most insurance companies as well as EAP (Employee Assistance Program) providers including: Aetna, Anthem, Beacon Behavioral Health Options, Blue Cross Blue Shield, Cigna, CompPsych, Magellan, PHP, Parkview Signature Care, Optum, Tricare, and United Healthcare.
- **Services:** Our goal at CBS has always been client-oriented, client-focused. We believe that each individual, couple, and family can have the lives and the happiness they seek, to overcome any current difficulties or issues they have. We offer tools, techniques, and practices that can assist in bringing about the transformation that our clients are seeking.

Dockside Services LLC

- (260) 203-9185
- docksideservicesllc.com
- 3030 Lake Ave, Suite 9, Fort Wayne Indiana, 46805
- **Insurance:** MDWise, Anthem, Hoosier Healthwise and HIP, Cenpatco, and Traditional Medicaid.
- **Services:** Dockside Services Community Based Services Program offers a wide spectrum of mental health services provided in the community often in the comfort of your own home. The program is designed to address the issues many people face. These could be problems with your mood, addiction issues, or trauma. Difficulties can range from relatively minor to very serious or complex. Dockside Services is able to offer the professional expertise needed to address right where you're at. Armed with some of the latest innovations in evidence based care, we understand how to help you and are concerned about what you're going through. Together, we form a treatment team and develop a plan to help you become well.

MENTAL HEALTH SERVICES

Fort Wayne Counseling Services

- (260) 209-4473
- fortwaynecounselingservices.com
- 6319 Mutual Drive, Suite F, Fort Wayne IN 46825
- **Insurance:** Anthem, Blue Cross and Blue Shield, Cigna, Lutheran Preferred, Lutheran TRMA, Magellan, Medicaid, Midwest Behavioral, MultiPlan, New Avenues, Optum, Physician's Health Plan, United Behavioral Health.
- **Services:** Individual, Couples, and Family Counseling focusing on multiple specialties and types of therapy.

Headwaters Counseling

- (260) 744-4326
- headwaterscounseling.org
- 2712 S Calhoun Street, Fort Wayne IN 46807
- **Insurance:** Alicia will talk with you about insurance/fees. Your insurance will dictate the amount that you will pay. If you are not insured, Alicia can talk with you about affordable payment options.
- **Services:** General counseling is our largest program that is built to provide services to individuals, groups, or families. Our licensed counselors focus on many areas including life transitions, behavior issues, anxiety, depression, relationships, and more.

MENTAL HEALTH SERVICES

Hope Alive Inc.

- (260) 420-6100
- hopealivefortwayne.org
- 1747 N Wells Street, Fort Wayne IN 46808
- **Insurance:** No insurance needed. \$25 per session.
- **Services:** Community Counseling focusing on all age groups including counseling for Abuse Recovery, Addition Recovery, Anxiety, and Anger Issues. Hope Alive also offers Transitional Housing Program which provides housing and comprehensive services to assist homeless women in becoming healthy, productive members of our community.

Isch Counseling Services, LLC

- (260) 203-4996
- ischcounseling.com
- 7230 Engle Road Suite 305, Fort Wayne IN 46804
- **Insurance:** 3 Rivers Preferred, Anthem, BlueCross and BlueShield, Lutheran Preferred, Magellan, MultiPlan, Optum, Parkview Signature Care, PHP, Sagamore, and UnitedHealthcare
- **Services:** Our counselors work with adults, couples, children, teens, and families. We operate from a body, mind, and soul perspective. We believe that the body wants to heal and knows exactly how to do so. If given the proper tools and assistance, the body can communicate its very specific needs. When the body, the mind, and the soul are all working in cohesion we achieve true whole wellness.

Life Choices Counseling and Consulting

- (260) 341-6259
- hopealivefortwayne.org
- 2422 Lake Ave., Fort Wayne IN 46805
- **Insurance:** Life Choices Counseling accepts many types of insurance and self pay clients, Mastercard, Visa and HSA.
- **Services:** Currently offering in person, video and telehealth counseling sessions. I specialize in relieving pain from trauma.

MENTAL HEALTH SERVICES

Amani Family Services

- (260) 484-1414
- amanifamilyservices.org
- 5104 N. Clinton St., Fort Wayne, In 46825

"Amani Family Services provides two kinds of Family Support Services to the community: Intervention & Prevention. Intervention: In collaboration with the Department of Child Services and Allen County Juvenile Center and CHOICES, home-based services are provided to aid in the healthy integration of refugee and immigrant families. All services are provided with the awareness of the rich cultural and personal strengths each individual and family bring as they partner to work with Amani towards their goals. Prevention: In collaboration with SCAN (Stop Child Abuse and Neglect), home-based services are provided to aid in the healthy integration of refugee and immigrant families. All services are provided with the awareness of the rich cultural and personal strengths each individual and family brings as they partner to work with Amani towards their goals."

National Youth Advocate Program

- (260) 702-0360
- nyap.org
- 2200 Lake Ave. Suite 225 Fort Wayne IN 46805
- **Insurance:**
- **Services:** Prevention/Intervention Services, Family Preservation, Positive Youth Development, Out-Of-Home Care, and Reunification/Permanency. Case management, Psychiatry, Individual/Family Psychotherapy, Intensive Home-Based, Substance Use, PASS/Healthy Ways, and Family Support Services also available.

Erin's House

- (260) 423-2466
- erinshouse.org
- 5670 YMCA Drive West Fort Wayne, IN 46835
- **Insurance:** Non-profit organization.
- **Services:** Erin's House Provides bi-monthly peer support groups, Camps for children, teens, & families, Crisis Response, In-school programming, Referrals for special services, Grief education presentations to schools, community, agencies, churches, and social groups, and Grief with Friends, Young Adult Program for Grieving families, children, and teens.

WHERE TO GO

JUVENILE SUBSTANCE USE
TREATMENT SERVICES

JUVENILE RECOVERY SERVICES

Josiah Whites

- (260) 563-1158
- josiahwhites.org
- 5233 S 50 E Wabash IN 46992
- **Insurance:** Private Insurance and Medicaid.
- **Services:** Serves male and female youth ages 12-18 who are diagnosed with a moderate to severe substance use disorder. Now accepting referrals for the substance use disorder recovery program for teens.

Safehaven Freedom Ministries, Inc.

- 260-387-5663
- <https://www.safehavenfm.org/>
- **Insurance:** No insurance necessary.
- **Services:** The mission of SHFM is to deliver recognition, resources and recovery by mentoring teens, young adults and veterans who want freedom and faith restored. Recognition, Resources, Recovery.

For Lakes Sake

- (260) 387-5663
- info@forlakes.org
- 909 E. State Blvd., Fort Wayne, IN 46805
- **Services:** We are a Christ-centered, community-driven organization dedicated to empowering teens and young adults (12-25) through substance-free social gatherings, peer support, and mental wellness initiatives with a special focus on fentanyl awareness. Our goal is to reduce substance use, break the stigma surrounding mental health, and provide a safe space for young people to thrive emotionally, socially, and spiritually.

WHERE TO GO

SUBSTANCE USE TREATMENT
SERVICES
RECOVERY SUPPORT GROUPS

RECOVERY SUPPORT GROUP

Brianna's Hope

- Providing hope through Christ to individuals and communities battling addiction using support, encouragement, and collaboration.
- Phone: 260-766-2006
- Address: Various Meeting Locations
- Website: <https://www.ablbh.org/>

Alcoholic Anonymous of Fort Wayne

- Our primary mission is to help the alcoholic who still suffers.
- Phone: 260-471-6262
- Address: Various Meeting Locations
- Website: <https://www.aafortwayne.org/>

Al-Anon

- Al-Anon is a mutual support group of peers who share their experience in applying the Al-Anon principles to problems related to the effects of a problem drinker in their lives.
- **Address:** Various Meeting Locations
- **Website:** <https://al-anon.org/al-anon-meetings/>

RECOVERY SUPPORT GROUP

Alateen

- Alateen is a peer support group for teens who are struggling with the effects of someone else's problem drinking.
- Address: Various Meeting Locations
- Website: <https://al-anon.org/al-anon-meetings/>

Celebrate Recovery

- Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind. Celebrate Recovery is a safe place to find community and freedom from the issues that are controlling our life.
- Address: Various Meeting Locations
- Website: <https://www.celebraterecovery.com/>

Narcotics Anonymous

- Our Vision is that every addict in the world has the chance to experience our message in his or her own language and culture and find the opportunity for a new way of life.
- Address: Various Meeting Locations
- Website: <https://www.na.org/>

RECOVERY SUPPORT GROUP

Parents of Addicted Loved Ones (PAL)

PAL provides hope, through education and support to parents of addicted loved ones.

Address: Various Meeting Locations

Website: <https://palgroup.org/>

Refuge Recovery

- Refuge Recovery is a practice, a process, a set of tools, a treatment, and a path to healing addiction and the suffering caused by addiction. The main inspiration and guiding philosophy for the Refuge Recovery program are the teachings of Siddhartha (Sid) Gautama, a man who lived in India twenty-five hundred years ago. The Refuge Recovery program has adapted the core teachings of the Buddha as a treatment of addiction.
- Address: Various Meeting Locations
- Website: <https://www.refugerecovery.org/about>

SMART Recovery

- Self-Management and Recovery Training (SMART) is a global community of mutual-support groups. At meetings, participants help one another resolve problems with any addiction. Participants find and develop the power within themselves to change and lead fulfilling and balanced lives guided by our science-based and sensible 4-Point Program.
- Address: Various Meeting Locations
- Website: <https://www.smartrecovery.org/>

RECOVERY SUPPORT GROUP

Stronger Than Addiction

- Here at Stronger Than Addiction, we are dedicated to bringing awareness and support to a community in an addiction crisis. We are dedicated to do our part to change the public's perception of addiction and SAVE LIVES!!!
- **Address:** Life Tabernacle Church
- **Website:** <https://www.strongerthanaddiction.net/>

The Mom of an Addict

- To provide education and support to families who have been affected by a child's or loved one's substance use disorder.
- **Phone:** 260-209-4686
- **Address:** Various Meeting Locations
- **Website:** <https://www.themomofanaddict.org/>

Safehaven Freedom Ministries, Inc.

- The mission of SHFM is to deliver recognition, resources and recovery by mentoring teens, young adults and veterans who want freedom and faith restored.
- Recognition, Resources, Recovery
- **Phone:** 260-387-5663
- **Address:** Various Locations
- **Website:** Find them on Facebook (https://m.facebook.com/SafeHavenFreedom/?locale2=ne_NP)

Project.ME

- "project.ME seeks to strengthen support systems through mentoring, empowerment & advocacy-aiding in the connection to recovery support services and resources while decreasing barriers for sustained recovery."
- **Phone:** (260) 234-0270
- **Website:** <https://www.projectme-fw.org/>

WHERE TO GO

SUBSTANCE USE TREATMENT
SERVICES
TREATMENT

TREATMENT SERVICES

Avenues Recovery Center at Fort Wayne

- A residential style extended care drug and alcohol rehab and detox program customized to the personal needs of each individual struggling with addiction.
- Programs: Detox & Residential Treatment
- Insurance: Verify your insurance by visiting <https://avenuesrecoveryindiana.com/verify-my-insurance/>.
- Phone: 260-250-3089
- Address: 2626 Fairfield Ave.
- Fort Wayne, IN 46807
- Website: <https://avenuesrecoveryindiana.com/>

Allendale Treatment

- If you or a loved one is struggling with drugs or alcohol, it is important to understand that it is never too late. No matter how far things have gone, there is always hope for recovery and a new beginning.
- **Programs:** Alcohol Detox, Heroin Detox, Painkiller Detox, Meth Detox, Opiate Detox, Prescription Medication Detox, and Cocaine Detox
- **Insurance:** UMR, BlueCross BlueShield, Cigna, United Health Care, Humana, Aetna. For rapid insurance verification, visit <https://allendaletreatment.com/health-insurance-addiction-treatment-fort-wayne/>.
- **Phone:** 260-888-3989 or 833-338-6946
- **Address:** 5419 Co. Rd. 427
- Auburn, IN 46706
- **Website:** <https://allendaletreatment.com/>

TREATMENT SERVICES

CleanSlate Outpatient Addiction Medicine

- Substance use disorder is a disease which affects people of all races, ethnicities, geographic locations, sexual orientations and gender expressions. We view addiction as a chronic disease and believe that long-term remission is achievable through evidence-based medical management, individualized to suit each patient's unique needs. At CleanSlate, delivering our patients high quality medical care, supportive mental health care and intensive care coordination.
- **Programs:** Medication-assisted treatment program, opioid and alcohol addiction treatment programs include the use of buprenorphine (such as Suboxone) or naltrexone (Vivitrol) as part of an individualized treatment plan led by our trained medical staff.
- **Insurance:** CleanSlate accepts Medicaid, Medicare and most commercial insurance.
- **Phone:** 260-267-9498
- **Address:** 3005 East St. Blvd.
- Fort Wayne, IN 46805
- **Website:** <https://www.cleanslatecenters.com/>

Northern Path Recovery Center

- (260)213-4335
- 3110 E Coliseum Blvd, Fort Wayne IN 46805
- **Insurance:** Major Insurance Providers & Medicaid. However, for a comprehensive list, call their phone number
- **Services:** Northern Path Recovery Center in Fort Wayne, Indiana, is a comprehensive addiction treatment facility dedicated to providing effective programming. Our approach is grounded in evidence-based methods, meaning that our therapies are supported by scientific research and are proven to be effective through clinical trials and data analysis. This strong foundation ensures that our treatment strategies deliver reliable results.

TREATMENT SERVICES

Center for Behavioral Health

- Our network of outpatient facilities offers comprehensive substance use treatment programs to assist people addicted to opiates such as Oxycontin, Lortab, Vicodin, Oxycodone, Hydrocodone, and Heroin.
- Programs: Medications for addictions such as Suboxone, Methadone, and Vivitrol, Assessments, Individual Counseling, Group Counseling, and Aftercare. Support services such as counseling and behavioral interventions are fundamental components to all BHG programs
- Insurance: Medicare, Medicaid, Medicare Advantage, Optum, United Health Care, and Humana as well as most major insurers.
- Phone: 260-420-6010
- Address: 3910 Lima Road
- Fort Wayne, IN 46808
- Website: <http://centerforbehavioralhealth.com/>

Fort Wayne Recovery

- Learning about the disease of addiction is an essential aspect of any recovery program, but it is rarely enough to sway an addict or alcoholic to the side of recovery. Fort Wayne Recovery was designed by addicts and alcoholics in recovery who are now enjoying sober, healthy, and fulfilling lives. We understand your struggles and, more importantly, what it will take to get where you want to go in life. While we strongly believe in the 12 step approach to recovery, we do believe there is more than one path to get there, and we will gladly work with you on an individual basis no matter your beliefs.
- **Programs:** Residential Rehab, Sober Living, Outpatient Rehab
- **Insurance:** UMR, BlueCross BlueShield, Cigna, United Health Care, Humana, Aetna. For rapid insurance verification, visit <https://fortwaynerecovery.com/insurance/>.
- **Phone:** 260-297-7092
- **Address:** 310 E. Dupont Rd.
- Fort Wayne, IN 46825
- **Website:** <https://fortwaynerecovery.com/>

TREATMENT SERVICES

Hickory Treatment Center

- Hickory Treatment Center offers Residential, Detox, and Outpatient treatment programs for adult men and women suffering from addiction and addiction completed by co-occurring mental illness.
- Programs: Alcohol Addiction, Heroin and Opioid Addiction, Cocaine Addiction, Prescription Pill Addiction, Methamphetamine Addiction, & Co-occurring disorders
- Insurance: Anthem HIP, Care Source HIP, HIP, Hoosier Healthwise, Hoosier Care Connect, Traditional Medicaid, MD Wise HIP, MHS HIP, Presumptive Eligibility Medicaid
- Phone: 1-800-604-2117
- Address: Centers in Albion, Corydon, Gosport, Indianapolis, Rockville, & Terre Haute
- Website: <https://www.hickoryhouse.com/>

Community Fairbanks Recovery Center

- For more than 75 years, the name Fairbanks has been known for the best evidence-based drug and alcohol addiction treatment. Now as Community Fairbanks Recovery Center, we can provide access to one of the state's most comprehensive behavioral health systems as well.
- **Programs:** Individual Counseling, Long-Term Residential Treatment, Medication-Assisted Treatment (MAT), Supportive Living Program, Recovery Management, and Family Support
- **Insurance:** If you have questions about insurances accepted by a specific provider, please call their office directly.
- **Phone:** 800-225-4673 (General Line) or 317-806-7500 (Professional Referral)
- **Address:** 8102 Clearvista Parkway
- Indianapolis, IN 46256
- **Website:** <https://www.ecommunity.com/locations/community-fairbanks-recovery-center>

TREATMENT SERVICES

Indiana Center for Recovery

- Providing addiction treatment through detox, inpatient, and outpatient - Indiana Center for Recovery offers compassion and respect to those struggling with addiction. An experienced staff, campus community, and proven treatments help to ensure our addiction treatment services create a healthier, more fulfilling life for our patients.
- **Programs:** Detox, Inpatient Residential, Outpatient
- **Insurance:** Most insurance accepted, Value Options, BlueCross Blue Shield, MultiPlan, Cigna, Aetna, Beacon Health Options.
- **Phone:** 812-289-7502
- **Address:** 1004 W. First St.
Bloomington, In 47401
- **Website:** <https://treatmentindiana.com/>

Josiah White's

- The intensive substance use recovery program at Josiah White's serves adolescents and their families who are being impacted by Substance Use Disorder. As addiction touches all parts of an individual's life, the program strives to provide emotional, social, physical, and spiritual healing for youth beginning their recovery journey.
- Programs: Adolescent Recovery Program, Substance Use Recovery, Sexually Harmful Behavior Recovery, and Behavioral Treatment Program
- Insurance: Private Pay, Medicaid, Referral Sources
- Phone: 260-563-1158
- Address: 5233 S. 50 E.
Wabash, IN 46992
- Website: <https://josiahwhites.org/>

YWCA Hope & Harriet House

- Hope & Harriet is an intensive residential treatment program in a sub-acute medical facility for woman 18 years and older that specializes in the pursuit of recovery from chemical dependency.
- Programs: Art therapy, Cognitive Behavioral Therapy, Contingency Management, Daily medication and mindfulness, Dialectical Behavior Therapy, Motivational Interviewing, Music Therapy, Nutrition coaching and cooking skills, One-on-one case management, Parental Coaching, Personalized counseling services, Seeking Safety, Skills Group, Twelve Step Facilitation Therapy, Yoga and Exercise
- Insurance: Referral sources
- Phone: 260-424-4908
- Address: 5920 Decatur Rd.
Fort Wayne, IN 46816
- Website: ywcaein.com

TREATMENT SERVICES

Meridian Health Services

- Individuals battling substance use disorder(s) can find treatment and support at Meridian Health Services. Meridian provides treatment and support for those experiencing addiction associated with alcohol, drugs, or tobacco. Addiction services are provided by Meridian Health Services' staff who are trained and licensed.
- **Programs:** Intensive Outpatient Program and Aftercare Addiction Services, Residential Detoxification and Residential Treatment, Maternal Treatment Program, Women's Recovery Home, Home with Hope (residential for men and women)
- **Insurance:** Meridian accepts most major insurances including Medicare and Medicaid.
- **Phone:** 260-436-0932
- **Address:** 4646 W. Jefferson Blvd. Suite 100
- Fort Wayne, IN 46804
- **Website:** <https://www.meridianhs.org/mental/addictions-therapy/>

Parkview Health IOP

- Chemical dependency is not a weakness. It is a treatable disease that millions of Americans suffer from each year, and recovery is possible with the right support and personal commitment. The Parkview Substance Use Disorder Intensive Outpatient Program (IOP) can help people with alcohol, illegal drug or prescription drug addictions regain a sense of empowerment and improved well-being.
- **Programs:** Substance Use Disorder (IOP), Outpatient Treatment, & Group Sessions
- **Insurance:** Contact your insurance company to see if your Parkview location and provider is in network.
- **Phone:** 260-373-7500
- **Address:** 1720 Beacon St.
- Fort Wayne, IN 46805
- **Website:** <https://www.parkview.com/services-specialties/behavioral-health/programs-services/parkview-substance-use-disorder-iop>

Recovery Centers Of America at Indianapolis

- **Programs:** Inpatient, Outpatient and Telehealth, Alcohol Detox, Drug Detox, Medication Assisted Treatment, and Substance Use Treatment Programs
- **Insurance:** Aetna, Allied Trades Assistance Program, American Behavioral an IBH Company, AmeriHealth, Anthem, BlueCross BlueShield, Beacon Health Options, Cigna, ComPsych, Fallon Health, First Health Network, Geisinger, Highmark, HTC, Humana, Imagine Health, HealthSmart, Degrees Health, Magellan Healthcare, Medicare, Medicaid, IU Health Plans, QualCare, Quest, WellCare.
- **Phone:** 463-999-9045
- **Address:** 8530 Township Line Rd.
- Indianapolis, IN 46260
- **Website:** <https://recoverycentersofamerica.com/locations/indianapolis/>

TREATMENT SERVICES

Bowen Recovery Center

- The Bowen Recovery Center is a comprehensive treatment approach to helping those suffering from Opioid Use Disorder. It is an expansion of the Medication Assisted Treatment (MAT) Program that includes Methadone. When taken under a doctor's care, Methadone has been determined to be a safe medication to treat the physical withdrawal symptoms of Opioid Use.
- Programs: Medical Services, Individual Counseling, Nursing Support, Group Support, and a Resource Room
- Insurance: Patients will not be denied services based on: the individual's inability to pay; whether payment for those services would be made under Medicare, Medicaid, or CHIP. As a result, we offer fee assistance options to all patients.
- Phone: 1-800-342-5653
- Address: 1415 Directors Row
- Fort Wayne, IN 46808
- Website: bowncenter.org

Allen County Syringe Services Program

- This program provides resources including: syringe exchange, safe injection supply kits, wound care, HIV/HCV/other STD testing, immunizations, treatment provider available onsite, Narcan, community returns for syringes, health coverage application assistance, HCV care management, and more!
- **Insurance:** All services are confidential and provided at no cost (no insurance required to utilize services)
- **Address:** 4813 New Haven Ave,
Fort Wayne IN 46803
- **Schedule:** Tuesdays, 1:00-3:30 PM
- **Phone:** (260) 449-7504
- **Website:** allencountyhealth.com/departments

Fort Wayne VA Clinic

- The VA offers the following services: Dementia Unit, Home Based Primary Care, Post Traumatic Stress Disorder Clinic Team, Substance Abuse Treatment Program, Adult Day Health Care, Mental Health Intensive Case Management, Combat Veterans Treatment.
- Programs: See website
- Insurance: Veterans Health Insurance (If you have other insurance from a spouse, please bring your insurance card.)
- Phone: 1-800-360-8387
- Address: Fort Wayne Campus: 2121 Lake Ave. Fort Wayne, IN. 46805; Marion Campus: 1700 East 38th Street. Marion, IN. 46953; St. Joseph Community Based Outpatient Clinic (CBOC): 1540 Trinity Place, Mishawaka, IN. 46545
- Website: <https://www.va.gov/northern-indiana-health-care/>

WHERE TO GO

SUBSTANCE USE SERVICES
SOBER LIVING

SOBER LIVING

All Things New

- All Things New exists to provide hope, a fresh start, and freedom for women struggling with various addictions by providing a safe environment and life skills necessary to destroy old habits, while fostering dependency on Jesus Christ, who makes all things new.
- Facility: Our property, located just west of downtown Warsaw, is ideally suited to meet the needs of the women who will be living here. There are 23 acres, a two story house with five rooms, a detached apartment, a large barn, and a spacious yard. The home is located in a quiet, peaceful setting with a river flowing through the back of the property.
- Phone: 574-376-9830
- Mailing Address: P.O. Box 367
- Winona Lake, IN 46590
- Website: allthingsnew.us

Freedom House

- Our mission is to provide the alcoholic/addicted male with a supportive, secure environment that encourages him to remain sober and become self-supporting. Our recovery process helps him achieve emotional and financial independence. Our optimum goal is for him to return to society as a sober, productive man who appreciates family, responsibility, and community.
- Facility: The main goal of our organization is to provide a safe and structured environment that will allow the individual to recover in all aspects of his life including mental, spiritual, physical and financial. We accomplish this by encouraging the person to avail themselves of 12 step recovery programs (AA, NA, CA, etc.) and to participate in other out-patient treatment programs as applicable.
- Phone: 260-456-8097
- Mailing Address: 806 Walnut St.
- Fort Wayne, IN 46802
- Website: <http://www.freedomhouseinc.com/>

Harmony Home

- At Huntington Harmony House, our goal is to offer recovery to alcoholics and addicts through a twelve-step program and to provide a safe place for men to acquire sobriety while learning to live a stable and successful life.
- Facility: Huntington Harmony House is a 12-step recovery home for men. We offer a unique experience for men seeking recovery from alcohol and/or drug addiction. We are committed to providing each resident a safe and supportive environment creating the opportunity for rehabilitation and lifelong sobriety. The program duration ranges from 9-18 months. Our structured approach to building a strong and lasting foundation for recovery is based on a 12-step philosophy of daily living and includes relapse prevention training, addiction education and group therapy.
- Phone: 260-355-9400
- Mailing Address: 751 E. Tipton St.
- Huntington, IN 46750
- Website: <https://www.harmonyhomeofhuntington.com/>

SOBER LIVING

A Mother's Hope

- A shelter and program that provides a safe and supportive environment for pregnant women experiencing homelessness, offering life-changing opportunities and resources for both mothers and their babies
- (260)444-4975
- 5322 N Clinton Street, Fort Wayne IN 46825

Oxford House

- Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home. Parallel to this concept lies the organizational structure of Oxford House, Inc. This publicly supported, non-profit 501(c)(3) corporation is the umbrella organization which provides the network connecting all Oxford Houses and allocates resources to duplicate the Oxford House concept where needs arise. Oxford House is for both men and women.
- Facility: The Oxford House is a self-run structure. Each House represents a remarkably effective and low cost method of preventing relapse. This was the purpose of the first Oxford House established in 1975, and this purpose is served, day by day, house after house, in each of over 2000 houses in the United States today.
- THERE ARE MANY OXFORD HOUSES. TO APPLY CHECK OUT WEBSITE
- Website: <https://www.oxfordhouse.org/index>

Place of Grace

- Place of Grace envisions a Christ-centered community that empowers women to become responsible citizens with a future and a hope. Our mission is to provide faith-based residential recovery services to help women break cycles of destructive behavior related to addiction, trauma, and poverty. Our organization has committed to the following values in order to accomplish our mission: Christian values and a foundation undergirded by prayer, unity in purpose and spirit, humility and a spirit of collaboration as we seek to serve our community and engage its members into our mission.
- Facility: Place of Grace allows for 10 women at a time to benefit from the Place of Grace residential program.
- Phone: 260-358-7529
- Mailing Address: PO Box 5172
- Huntington, IN 46750
- Website: <http://www.placeofgracehuntington.com/>

SOBER LIVING

Road to Recovery, Inc

- Road to Recovery, Inc. in Fort Wayne is a non-profit halfway house for men that provides sober living for alcoholics and addicts in recovery.
- Facility: Residents engage in programming with a focal point on recovery from addictions, while developing life skills and practical application of personal responsibility.
- Phone: 260-422-0223
- Mailing Address: 2018 N. Clinton St.
- Fort Wayne, IN 46805
- Website: Find them on Facebook!

Serenity House

- Serenity House, Inc operates alcohol and drug abuse residential recovery homes in Northeast Indiana. We were founded in 1994. We opened our first recovery home in 1995. We have two homes for women and five for men.
- Facility: The elements of our program are based entirely on the principles, practice, and theory of 12-step recovery as presented by the time tested, experience proven, process that became the model for all 12-step programs.
- Phone: 260-927-8902
- Mailing Address: 2438 CR 50
- Auburn, IN 46706
- Website: <https://serenityhouseinc.org/>

13 Step House

- The Thirteen Step House Inc.'s mission is to provide a safe and secure living environment to allow alcoholics and addicts the opportunity to recover physically, mentally, and spiritually. 13 Step House is for sober living for men.
- Facility: Through our rigorous daily work based on AA's 12 Step program, we provide support and encouragement for every member with the vital skills they need to succeed.
- Phone: 260-424-2341
- Mailing Address: 1317 W. Washington Blvd.
- Fort Wayne, IN 46802
- Website: <https://13stephouse.org/>

SOBER LIVING

The Lighthouse

- The Lighthouse exists to serve individuals who struggle with life-altering issues by providing structure, education, support, and mentorship. We also strive to be a bridge in the healing process between these men and their families.
- Facility: Our Life Recovery Homes are designed to provide structure and guidance as those in our program re-enter life. Everyone in our Recovery Homes is required to find a job, pay program fees, engage in our mentorship program, attend faith-based recovery groups, participate in Bible study, and attend weekly chapel services.
- Phone: 260-255-6413
- Mailing Address: 2021 Hobson Rd.
- Fort Wayne, IN 46805
- Website: <https://biblicalliferecoverycenter.com/>

Remnant Ministries

- We are a not-for-profit faith-based organization focused on helping women find freedom from addiction.
- Facility: We provide a safe environment where women can find healing and freedom through our 12-18 month program. We provide a variety of services for the women to equip them with all they need to live a life of freedom.
- Phone: 260-388-6020
- Mailing Address: 11302 N. 100 W
- Huntington, IN 46750
- Website: <https://theremnantministries.org/>

Redemption House

- Redemption House is a transition home for women that serves as an alternative to incarceration.
- Facility: Redemption House is a network of transition homes for women who desire to redeem their lives from past destructive behavior by developing a faith-based lifestyle and by gaining the skills necessary to achieve and maintain success. Women residents are assigned to Redemption House by the courts as an alternative to jail.
- Phone: 260-449-9091
- Mailing Address: PO Box 12008
- Fort Wayne, IN 46802
- Website: <https://redemptionhousefw.org/>

SOBER LIVING

The Rose Home, Inc.

- The Rose Home is a Christian not-for-profit transitional living home for women who choose to recover from drug and alcohol addictions. Our home is also a place of hope; a place where women can see the joy of new beginnings, and a promise for tomorrow.
- Facility: We offer ten beds, public transportation, 24/7 staffing, ISNAP approval, and access to agencies to help with employment, counseling, and spiritual growth.
- Phone: 260-424-1600
- Mailing Address: 2208 Wayne Trace
- Fort Wayne, IN 46803
- Website: <http://www.therosehome.org/index.html>

WHERE TO GO

AUTISM SPECTRUM DISORDER
(ASD) SERVICES

ASD SERVICES

My Autism Ally

- A non-profit organization in Fort Wayne, IN, dedicated to supporting individuals and families affected by autism in Northeast Indiana, offering resources, training, and advocacy to help them reach their full potential
- (260)207-4686
- myautismally.org

Children's Autism Center

- At CAC, we're a group of dedicated parents and staff members who understand that evaluating and developing personalized services can dramatically improve the lives of children living with autism. When it comes to addressing your child's challenges, we focus on evidence-based therapies that deliver growth while providing your child with the skills they need to be successful.
- (260)459-6040
- childre autismcenter.org

Turnstone

- Turnstone Center in Fort Wayne offers a comprehensive range of services tailored to support individuals on the autism spectrum. These services include:
 - Applied Behavior Analysis (ABA) Therapy
 - Pediatric Therapy Services
 - Early Learning Programs
 - Adaptive Sports & Recreation
 - Support Groups
- (260)483-2100
- turnstone.org

ASD SERVICES

Fort 4 Autism

- Dedicated to advocating for and supporting families affected by autism in the local community. The organization focuses on providing resources, raising awareness, and fostering a supportive environment for individuals with autism and their families. Through various initiatives and community engagement, Fort 4 Autism aims to enhance the quality of life for those impacted by autism in the Fort Wayne area.
- info@fort4autism.org
- Fort4Autism.org

Partners in Autism

- Partners in Autism is a service provider in Fort Wayne, Indiana, dedicated to supporting individuals with autism and their families. They offer a range of services, including behavior therapy, vocational training, and family support programs, all tailored to meet the unique needs of each individual. Their mission is to empower those affected by autism to achieve their fullest potential through personalized compassionate care
- (260)420-9332
- 601 Noble Drive Fort Wayne, IN 46825

Hope Bridge

- Dedicated to providing comprehensive services for children diagnosed with Autism Spectrum Disorder (ASD) and other developmental delays. The center specializes in early intensive behavioral intervention (EIBI), focusing on children from 15 months to 10 years of age. Their interdisciplinary approach ensures that each child receives a tailored therapy plan to address their unique needs and foster development.
- (260)471-9263
- 4422 E State Blvd

WHERE TO GO

ANTI-HUMAN TRAFFICKING
RESOURCES

ANTI-TRAFFICKING RESOURCES

Indiana Trafficking Victims Assistance Program (ITVAP)

- This program is designed to help victims of human trafficking in the state of Indiana. It provides support services such as housing, legal assistance, counseling, and other necessary resources to help victims recover and rebuild their lives.
- indysb.org
- (888)373-7888 or SMS: 233733 Text "Help" or "Info"

The Phoenix Alliance

- Our Northeast Indiana office engages with educators, students, and professionals in law enforcement and judicial communities to strengthen our collective fight against those who seek to exploit the vulnerable. In addition to prevention activities, we are often called on to help with rescue, intervention, and aftercare operations. Any given day you may see our staff delivering clothing or attending court dates with a survivor, teaching prevention curriculum, to students, or training stakeholders to recognize underlying trauma and hidden trafficking situations.
- Services: Victim Assistance, Education and Awareness, and Community Outreach
- Contact: info@thephoenixalliance.org

YWCA

- The YWCA plays a significant role in addressing human trafficking by offering a variety of services to support survivors, raise awareness, and prevent trafficking in the community
- Services: Emergency Shelter and Housing, Case Management, Counseling, Education/Training, Public Awareness Campaign, Advocacy
- (800)441-4073
- 1313 W Washington Center Road Fort Wayne, IN 46825

ANTI-TRAFFICKING RESOURCES

Destiny Rescue

- Destiny Rescue is a global non-profit organization that focuses on rescuing and restoring victims of human trafficking, particularly in countries where trafficking is more prevalent. While Destiny Rescue is primarily active in international regions such as Southeast Asia, they do have a presence in the United States, including Fort Wayne, Indiana, through their advocacy, fundraising, and awareness efforts.
- Services: Awareness/Education, Fundraising/Support, Advocacy

Fort Wayne Police Department- Human Trafficking Unit

- The Fort Wayne Police Department has a dedicated human trafficking unit that investigates cases of trafficking, works with local and federal partners, and provides resources to help victims. They also collaborate with community organizations to raise awareness and prevent trafficking.
- Emergency Contact: 911
- Non-Emergency Contact: (260)427-1222

WHERE TO GO

AGING & DEMENTIA SERVICES

AGING & DEMENTIA

Aging & In-Home Services

- Provides aging and disability resource center, family caregiver center, PACE of Northeast Indiana, programs for productive aging, TRIAD advance care planning, home and community services, and case management
- Phone: (260)745-1200
- 8101 W. Jefferson Blvd Fort Wayne, IN 46804

Alzheimer's Association Greater Indiana Chapter

- This chapter provides support, education, and resources for individuals and families affected by Alzheimer's disease and other types of dementia. They offer caregiver support groups, educational programs, and advocacy efforts to raise awareness and improve services for those living with dementia.
- Phone: (800)272-3900

Parkview Aging & Senior Services

- Parkview provides a variety of services for seniors, including support for dementia and Alzheimer's patients. They offer both inpatient and outpatient care, as well as dementia-friendly care programs, and they partner with families to create personalized care plans.
- Phone: 260-373-7930

Adult Protective Services (Unit 3)

- The goal of APS staff is to help seniors and/or endangered adults to live as independently as possible in the least restrictive environment, free from physical, emotional, and financial abuse or the threat of abuse.
- IF YOU KNOW SOMEONE WHO IS IMPACTED BY ADULT ABUSE FILL OUT THE FORM ON THE ALLEN COUNTY PROSECUTORS OFFICE. THE WEBSITE HAS STEP BY STEP INSTRUCTIONS